

### LIFTING

I will always check the load is secure and I will never walk under a suspended load.

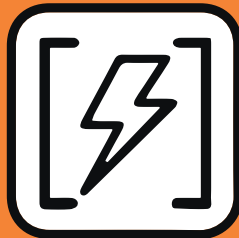


### WORKING AT HEIGHTS

I will always use the appropriate fall protection, fall prevention or safety barriers in place to protect myself and others.

### ISOLATE / DEPRESSURISE

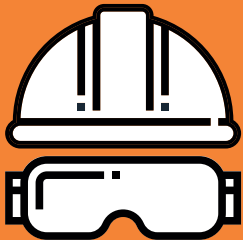
I will always isolate, lockout and discharge energy sources before working on equipment.



### HANDS & FINGERS

I will always wear the correct type of gloves when safe to do so.

I will always keep my hands away from crush or cut points.



### PROTECTING SELF

I will never remove, bypass or modify a safety protection device without authorisation. I will wear ppe and rpe that is suitable, correctly fitted and in good condition.



### MANUAL HANDLING

I will always use the correct lifting aids to lift heavy or large objects.

If I feel pain lifting, I will stop and report it.

### VEHICLES DRIVING

I will ensure my vehicle is safe to drive, I drive responsibly and seatbelts are worn.

I hold the relevant licences EWP or forklift.



### FIT FOR WORK

I am not under the influence of alcohol or illicit drugs while working at Camco or client sites.

I will notify my supervisor if I am not well enough to conduct the work safely.



### ENVIRONMENT

I will ensure that the work I do has minimal impact on the environment.



### A QUALITY JOB

I will follow the requirements of the work pack and report any issues or non conformances to my supervisor.